

NELSON MANDELA  
UNIVERSITY



**April 2023**  
**Autumn Graduation**  
Ceremony 15  
Faculty of Health Sciences

21 APRIL 2023 | 09:30



### **VISION**

To be a dynamic African university, recognised for its leadership in generating cutting-edge knowledge for a sustainable future

### **MISSION**

To offer a diverse range of life-changing education experiences for a better world

### **VALUES**

Excellence

Respect for diversity

Ubuntu

Social justice and equality

Integrity

Sustainable stewardship

Respect  
for diversity

Excellence

Ubuntu

Social justice  
and equality

Integrity

Sustainable  
stewardship



# Contents

Vision, Mission, Values	2
Congratulatory Message	4
About Nelson Mandela University	6
Fast Facts	8
Office-Bearers of the University	9
Executive Deans of Faculties	10
Order of Proceedings	11
Graduates	12
Congratulatory Message from the Alumni Association	26
National Anthem	27



# Congratulatory Message

Graduation is a significant milestone in life. It is the culmination of an academic journey that reflects your ambition, determination, commitment, perseverance, and demanding work. We know that this journey is not yours alone, as many have travelled with you. These are your friends, your lecturers, supervisors, mentors, and your family. They have invested in you financially, guided your studies, supported you and

encouraged you to keep going. But above all, they have believed in your ability to succeed and achieve this graduation dream.

Today, we celebrate not only what you have achieved, but what this promises going forward in terms of your potential as a graduate and alumnus of Nelson Mandela University.

Your education is your passport to the future – and the future hopes of our country and continent.

Indeed, education, is the foundation to a better world. As our namesake Nelson Mandela so eloquently put it:

***“Education is the most powerful weapon which you can use to change the world.”***

Today your joy is our joy too.

We salute and applaud your achievement and wish you every success for your future endeavours, wherever they may take you.

Congratulations!

Uthweso zidanga ludumo olubaluleke kunene ebomini. Yinkcochoyi kuhambo lwemfundo enomsila echaza ukunxanwa kwakho, ukuzimisela, ukuzinikela, ukunyamezela kwanomsebenzi otya ixesha. Siyayazi ukuba olu hambo asilolwakho kuphela, nanjengoko uninzi luthe lwakhenketha nawe. Abo ngabahlobo bakho, abahlohli bakho, amakhankatha, abacebisi, kwakunye nosapho lwakho. Batyale imali kuwe, bekukhokela kwizifundo zakho ze bakukhuthaza ukuba uqhubeke uye phambili. Kodwa ngaphezulu konke, baye bakholelwa kumandla wakho okuphumelela nokuzuza eli phupha lothweso sidanga.

Namhlanje sibhiyozela hayi nje othe wakuzuza, kodwa okulithemba lokuqhubekela phambili mayelana namandla owathweleyo njengothweswe isidanga kwaye ebengumfundi waseNelson Mandela University.

Imfundo yakho litikiti lakho elikukhokelela ebomini – kwaye ubomi obulithemba lelizwe nezwekazi lethu. Ngaphandle kwamathandabuzo, imfundo, sisiseko sehlabathi elingcono. Okanye, njengokuba eyibeka ngokucace gca uNelson Mandela xa esithi:

***“Imfundo lelona krele lakhe lanamandla ongathi ulisebenzise ukutshintsha ihlabathi.”***

Namhlanje uvuyo lwakho luvuyo lwethu nathi.

Dr Geraldine Fraser-Moleketi  
Chancellor



**Sikothulela umnqwazi kwaye sikuqhwabela izandla ngenzuzo yakho futhi sikunqwenelela impumelelo nakuso nasiphi na isigaba seenzame zobomi bakho, naphi na apho singakusa khona.**

**Huntshu!**

Gradeplegtigheid is 'n belangrike mylpaal in die lewe. Dit is die hoogtepunt van 'n akademiese reis wat jou ambisie, vasberadenheid, toewyding, deursettingsvermoë en veeleisende werk weerspieël. Ons weet dat hierdie reis nie joune alleen is nie, aangesien baie mense saam met jou gereis het, jou vriende, jou lektore, toesighouers, mentors en jou familie. Hulle het finansieel in jou belê, jou studies gelei en jou aangemoedig om voort te gaan. Maar bowenal het hulle geglo in jou vermoë om sukses te behaal en hierdie droom om te gradueer te bereik.

Vandag vier ons nie net wat jy bereik het nie, maar ook dit wat dit vorentoe beloof in terme van jou potensiaal as 'n gegradueerde en alumnus van die Nelson Mandela Universiteit.

Jou geleerdheid is jou paspoort na die toekoms – en die toekoms hoop van ons land en kontinent. Inderdaad, onderwys is die grondslag vir 'n beter wêreld. Of soos Nelson Mandela dit so welsprekend gestel het:

***“Onderwys is die magtigste wapen waarmee jy die wêreld kan verander.”***

Vandag is jou vreugde ook ons vreugde.

Ons salueer en loof jou prestasie en wens jou alle sukses toe vir jou toekomstige ondernemings, waar hulle jou ook al mag neem.

Veels geluk!



**Professor Sibongile Muthwa**  
Vice-Chancellor

# About Nelson Mandela University



Dynamic and forward-thinking, Nelson Mandela University is a leader in generating cutting-edge knowledge for a sustainable future.

As a socially-embedded African university in the service of society, we offer a range of life-changing educational experiences, impactful research and innovation, and transformative engagement for a better world. We strive to change the world.

All of these are rooted in and informed by recent milestones in the University's history, such as the 2017 name change to Nelson Mandela University, the Vice-Chancellor's listening campaign and her inaugural address. This name took over from Nelson Mandela Metropolitan University, which itself

was the result of the merging of the PE Technikon, the University of Port Elizabeth and the Port Elizabeth campus of Vista University.

Today Nelson Mandela University is a sought-after educational destination in South Africa and the only higher education institution in the world to carry the name of Nelson Rolihlahla Mandela.

## **What we offer**

Along with a first-class academic education, Nelson Mandela University provides students with a vibrant student life reflecting their involvement beyond the classroom. It is all part of the drive to produce holistic graduates who are life-long learners as well as socially

conscious and responsible global citizens.

## Our campuses

Our seven campuses have a large footprint in Nelson Mandela Bay and George, and this is growing. In 2022 alone, we invested three-quarters of a billion rand in campus infrastructure. It's a massive investment in both the University and in the infrastructure of the city, contributing to its economy and urban renewal.

## Our campuses

Bird Street Campus

George Campus

Missionvale Campus

North Campus

Ocean Sciences Campus

Second Avenue Campus

South Campus

Six of our campuses are in Gqeberha, in Nelson Mandela Bay, in the Eastern Cape Province. Four are in Summerstrand, one is in Bird Street in Central, and one in Missionvale. Our North and South campuses in Summerstrand are on a 840-hectare private nature reserve.

The seventh – our George Campus – is on the Garden Route, midway between Nelson Mandela Bay and Cape Town. Set at the foot of the Outeniqua Mountains, our “sustainability” campus is home to two centres of excellence – the School of Natural Resource Management and the School for Business and Social Sciences. It's where our ecological footprint meets business acumen for a sustainable future.

## Ground-breaking projects

### Medical School

Our programme to train MBChB graduates in Gqeberha is the first and only medical school in the western part of the province. Intentionally anchored in Missionvale to engender urban renewal and regeneration, it is set to make a tangible contribution to building capacity for accessible healthcare service delivery through its emphasis

on primary health care.

## Ocean Sciences

The University has developed a range of marine and maritime education and training, research, innovation and engagement programmes to support Africa's blue economy that stretch across and within disciplines. Nelson Mandela University was ranked as the top institution in South Africa for UN Sustainable Development Goal Four: Life Below Water in 2021 <https://international.mandela.ac.za/About-Us/Mandela-International-News/News/Nelson-Mandela-University-shines-in-the-Times-High>.

## Revitalising the Humanities

Our critical engagement with what it means to revitalise the humanities includes a focus on decoloniality and indigenous knowledges, with a quest to awaken transdisciplinary African scholarship and systems of thought.

## Engagement and Transformation

We are on a journey of engagement and transformation, using humanising pedagogy to create an environment for learning to thrive in a socially just world. In co-creating the transformative, responsive university, in part through our Hubs of Convergence, we are making a difference in our communities.

## Digitalisation

We are investing significant resources in advancing digitalisation in pursuit of excellence. This includes addressing the digital divide, broadening access to mobile devices and data connectivity, and upskilling students and staff for flexible modes of learning and work.

## Sustainability

The University aims to contribute to the three indivisible dimensions of sustainability – economic, social and environmental – to promote a fair, liveable and viable world. Sustainability and responsible resource stewardship are critical enablers to support our drive to be an institution in the service of society.



## Fast Facts

**7 CAMPUSES**  
North, South, Ocean Sciences, Second Avenue (in Summerstrand) Missionvale (Missionvale), Bird Street (Central), George (George Campus in the Garden Route)



**379 PROGRAMMES**  
(FROM CERTIFICATE THROUGH TO DOCTORAL QUALIFICATIONS)

**7 FACULTIES**  
(Business and Economic Sciences; Education; Engineering, the Built Environment and Technology; Health Sciences; Humanities; Law and Science)



**30 757 ENROLLED STUDENTS**

**6 INSTITUTIONAL RESEARCH THEMES**

**2 254 PERMANENT EMPLOYEES**



**STRATEGIC FOCUS AREAS**

 **727 INTERNATIONAL STUDENTS**



**43 DIFFERENT COUNTRIES**



# Office-Bearers of the University

## CHANCELLOR

Dr GJ Fraser-Moleketi: MAdmin (UP), DPhil (*honoris causa*) (Mandela University)

## CHAIRPERSON OF COUNCIL

Ambassador NP January-Bardill: BA, Cert in Ed (UBL), MA (Essex University, UK), Dip HR Management (Damelin)  
Doctor of Laws (*honoris causa*) (Glasgow Caledonian University)

## VICE-CHANCELLOR

Prof SW Muthwa: BA(SW) (Fort Hare), BA(SW) Hons (Wits), MSc, PhD (London University, UK)

## DEPUTY VICE-CHANCELLOR: ENGAGEMENT AND TRANSFORMATION

Prof A Keet: BA, HDE, BEd, MEd (UWC), PhD (Edu Manag, Law and Policy) (UP)

## DEPUTY VICE-CHANCELLOR: LEARNING AND TEACHING

Dr SF Moeng (Acting): BA, HDE, BEdHons (UPE), MSc (St Cloud State University, USA), DEd (NMMU)

## DEPUTY VICE-CHANCELLOR: PEOPLE AND OPERATIONS

Mr LE Hashatse: BJourn & Media, BAHons (Rhodes), MA (Edith Cowan University, Australia)

## DEPUTY VICE-CHANCELLOR: RESEARCH, INNOVATION AND INTERNATIONALISATION

Dr T Mgwebi: BSc, BScHons, MSc, HDipEd (Unitra); PhD (UCT); PGDeg (Tertiary Education Management) (University of Melbourne, Australia)

## DEAN OF STUDENTS

Mr LP Jack: NDip(PMA)(EC Technikon), BTech(PM)(PET), BAPhil (US), MCom (UKZN)

## EXECUTIVE DIRECTOR: FINANCE

Mr MR Monaghan: BCom(UPE), BComHons (UNISA), Professional Accountant(SA)

## REGISTRAR

Mr EB De Koker: BA(UCT), BAHons (UNISA), MA(Pub Admin) (University of Warwick, UK)

## PRESIDENT OF ALUMNI ASSOCIATION

Mr S Hlwatika: LLB (NMMU), PGDip (Labour Law Practice), LLM (Labour Law)(Mandela University)



# Executive Deans of Faculties

## **BUSINESS AND ECONOMIC SCIENCES**

Prof HR Lloyd: BCom, BComHons, MCom, DCom (UPE)

## **EDUCATION**

Dr T Morar (Acting): PTD (Dower College), BA (UPE), BEd Hons (RU), MEd (Leeds, UK), BCom (Vista), DEd (Curtin, Australia)

## **ENGINEERING, THE BUILT ENVIRONMENT AND TECHNOLOGY**

Prof M Sheldon: BTech BA, DEng (Chemical Engineering) (CPUT), Pr Tech Eng

## **HEALTH SCIENCES**

Prof Z Zingela: MBChB (Natal), FCPsych (SA), MMed (UP), PhD Psychology (Mandela Uni)

## **HUMANITIES**

Prof P Maseko: BA, BAHons (UWC), MA, PhD, PGDip in Higher Ed (RU)

## **LAW**

Dr L Biggs: BCom (Law), LLB(UPE), LLM (Labour Law) (Cum Laude), LLD (NMMU)

## **SCIENCE**

Prof A Muronga: BSc, UED(UNIVEN), BScHons, MSc (UCT), PhD (University of Minnesota, USA)

## **DEAN OF LEARNING AND TEACHING**

Dr P Kota-Nyati: BA(Vista), BAHons, MA Couns Psych (UPE), DPhil (Mandela Uni)



# Order of Proceedings

## **Entrance of Academic Procession**

## **Moment of Silence**

## **Constitution of Congregation and Welcome**

Vice-Chancellor

## **Choral Item**

Nelson Mandela University Choir

## **Awarding of Qualifications**

Vice-Chancellor

## **Conferring of Doctoral Degrees**

Vice-Chancellor

## **Message of Congratulations and Dissolution of Congregation**

Vice-Chancellor

## **National Anthem**

(The congregation is requested to stand for the singing of the National Anthem)

## **Departure of Academic Procession**

(The congregation is requested to remain standing until the academic procession has left the hall)

\* The words *Cum Laude* indicate that the diploma or degree is awarded with distinction to the candidate/s listed



## **FACULTY OF HEALTH SCIENCES**

### **DIPLOMA IN SPORT MANAGEMENT**

BEER, Duan Andre  
GOLOZANA, Thandolwethu  
HEUNIS, Alexander Benjamin  
LEFEFA, Nthethe Tshikaro  
MAHLANGENI, Mhlahli Vuyo  
NGAKA, Asekhona

### ***CUM LAUDE***

QITSI, Lukho Hlumelo  
TSHABALALA, Sindisiwe

### **BACHELOR OF ARTS IN PSYCHOLOGY**

ABRAHAMS, Natheemah  
AMOOD, Wandile Joyce  
CALITZ, Juane Theodorus  
DA SILVA, Seth  
DE JAGER, Michelle  
DIYA, Esihle  
DYWILI, Siphokazi  
FERREIRA, Kiana Lima  
GENUKA, Sibongiseni  
GQOMFA, Khanyi  
HARRINGTON, Erin-Leigh  
HIPPERT, Joy Elisabeth  
JAKE, Shaun  
JOLINGANA, Sonwabale  
JULIUS, Amaal  
KAFIL, Yolanda  
KETANI, Siyabonga  
KHANGELENI, Wandisa  
KLAAS, Anovuyo  
KUBAYI, Xikhongelo Junior Hlayiseka  
LAKE, Culumanco  
MABUNDA, Annah Katlego  
MADLALA, Londeka  
MAHLANGU, Fundo Prince  
MAHLANGU, Nqobile Zoleka  
MALAHLA, Sinazo Kuhle  
MAMOGOBO, Tshegofatso  
MANGCOTYWA, Cwenga-lviwe  
MARKUS, Amy  
MAYONGO, Alita Sandisiwe  
MDHLULI, Nomalungelo Eclipse  
MENE, Sibabalo  
MNGUNI, Phumelele Cebo  
MOSOTHO, Nokuanda Mmabatho Habibi  
MTOTOTABA, Siyamthanda Hopewell  
NDABENI, Mbali  
NDEVU, Mkhonto Sanele

NGAMLANA, Lelodwa  
NJAMINI, Lindokuhle Anelisa  
NKUMANDO, Aphiwe Siphokazi Bridget  
NKUNA, Tiyiselani Jessica  
NXAWE, Anelisa  
NYATHI, Prudence Itumeleng  
PRIMO, Chloe Glynniss  
QAVANE, Zikhona  
RANKOE, Tlakale  
SAKASA, Khazimla Cwengile  
SANI, Zandile  
SANTI, Asenathi Carol  
SANTI, Sisipo Nikilita  
SCHOFIELD, Jennifer-Lee  
SKAAP, Lilitha  
SMITH, Jada Adina  
SOTUKU, Salizwa Emihle  
THARAGA, Mulalo  
THOPHI, Nontembeko  
TLALE, Kedibone Khanyisile  
TSHANWAKANI, Vhugala  
WAHEEB, Amir Abdul Salam Mohamed  
WILSON, Kealynne  
ZIBI, Chulumanco  
ZONDI, Zanele  
ZULU, Nokubonga

### ***CUM LAUDE***

CROOKALL-NIXON-LEMMER, Emily-Claire  
DYKE, Benjamin Stuart  
EICHSTADT, Ashley  
ESTERHUYSE, Suzanne Lauren  
FORT, Cassandra  
GOBILE, Siyamanga  
GOLIATH, Chad Alphonso  
HAYNES, Courtney  
HOWLEY, Herschelle Oriette  
JACOBS, Simoun  
JOUBERT, Kyla  
KING, Rebecca Paige  
LA GRANGE, Kayleigh  
LAHER, Muhammed Yaaseen  
MAHARAJ, Akshay  
MATYOLO, Esihle  
MCHUNU, Eyethu Andisiwe  
NASEER, Aliha Mudassar  
NGALE, Kamogelo Tyoney  
NGUNDU, Thandokazi Portia  
NHLAPO, Karabo  
PETERS, Prajesh Bradley  
POTTAS, Carissa Lynette  
RAMALEPE, Present Raymond  
RAMMUKE, Bathabile Lovejoy  
RANWELL, Abigail

SPRIGGS, Megan  
SWEET, Jamielee Courtney  
THORESSON, Caitlin  
VAN VUUREN, Valerie  
VAN ZYL, Carisa  
WILD, Janice Lynn  
XABA, Hlengiwe Hope

#### **BACHELOR OF ENVIRONMENTAL HEALTH**

DAMOYI, Nontlanganiso  
DENG, Ndamulelo Newell  
LINGANI, Nqobile  
MABANDLA, Buhle  
MAGQAZOLO, Asisipho  
MAKUYA, Mueletshedzi  
MBUCANE, Unathi Thabo  
MLONYENI, Wandile  
MNGEYANE, Neliswa  
MQIKWA, Msimelelo  
MUVHALI, Itumeleng  
MUVHALI, Tumelo  
MZIYAKO, Andile Pearl  
NDLOVU, Dumisile Faith  
NKWANYANA, Nomvuselelo Mbali  
RAMASENYA, Charleen Kemogetswe  
RAVHENGANI, Mutondi Tshinakaho  
RAYI, Lelethu Camagu  
SALUSALU, Sinalo  
SILANDA, Esethu  
SONI, Luyolo  
SONQISHE, Lwandokazi  
TAKASHE, Lisakhanya Lwando

#### **BACHELOR OF HEALTH SCIENCES IN BIOKINETICS**

BROWN, Kiara Cameryn  
BUTLER, Shannon  
CANNON, Cara  
CLOETE, Wade Dylan  
CORLETT, Nicola Cassandra  
CROSSMAN, Megan Lee  
FOURIE, Marelida  
GWATA, Kanyisa Zintle  
KETTLES, Danica  
MAGWAZA, Nonhle Andiswa  
MITCHELL, Duane John  
NKOMO, Zinhle Zanele  
OOSTHUIZEN, Keanan  
POTTINGER, Nicole  
SHAW, Ezree Joy  
SWART, Adrian James Alasdair  
TURNER, Michael James Daniel

#### **CUM LAUDE**

DUMALINGAM, Mooveshni

#### **BACHELOR OF HUMAN MOVEMENT SCIENCE**

ADAM, Yanga  
AH TOW, Hannah Norine  
BAGE, Georgia Elizabeth  
COSTA, Marciano Carlos  
GANA, Mhlali  
HARE, Duncan Cameron  
HAYES, Jenna Mae  
MAGASHULE, Maria Lebokgang  
MAJOLA, Pumelele Buhle Nomatamsaqa  
MAKGATA, Thabiso Serobane  
MATSIMELLA, Tamia  
MATTHEWS, Kaylan  
NDIKINDA, Onele  
NIEUWENHUIS, Joshua Johannes  
NODADA, Sisipho  
NOFOTYO, Esethu Christina  
OHLSON, Angelo William  
RAOLANE, Sewela Martha  
SIBAMBO, Sinegugu  
SOMANDI, Okuhle  
VIMBANI, Linoyolo Yolanda  
VINJIWE, Bulelwa  
XONGO, Lindisipho  
ZIETSMAN, Pieter Franco  
ZULU, Fanesibonge Zethembile

#### **CUM LAUDE**

STEPHENSON, Carma Jean  
VAN DER MESCHT, Chane

#### **BACHELOR OF SCIENCE IN DIETETICS**

BODENSTEIN, Kayla Angela  
BROOKS, Day-Gene Deidre Jazz-Lee  
CHILOANE, Rittah Makgotso  
CROUS, Connor  
DIEDERICKS, Anlé  
DLOKWENI, Phatheka  
JANSEN VAN VUUREN, Janet  
JUNG, Inge  
KNOTT, Sarah Louise  
MAKONCO, Phelokazi  
MANKO, Ntshepeng  
WOOTTON, Kirsten Jane

#### **CUM LAUDE**

CALITZ, Leah  
FOURIE, Jesse



## **BACHELOR OF SOCIAL WORK**

ADONIS, Chanelle Nicole  
APLENI, Siphosethu  
BEFILE, Bulelwa  
BOUCHER, Jaime  
BUTHELEZI, Nonkululeko Faith  
CHAOKE, Getrude Ramokone  
CHARLES, Nobuhle  
DAYIMANI, Anelisa  
DE VOS, Ruth Catherine  
DEBOOI, Phindile Jayson  
DLADLA, Susan Kamohelo  
DUNA, Babalwa  
GELANDT, Nikita  
GQIZA, Awethu  
GQOKOMA, Siphokazi  
HANSIA, Shaquilla  
HEYMANS, Bianca Beth  
HODI, Tamia  
JULIUS, Mutheera  
KAMMIES, Janene  
KROQWANA, Andimba  
KUTAMA, Rotondwa  
LEWIS, Meldri Ciska  
MAARMAN, Leanette Demongé  
MABASA, Skhulile Dorcas  
MADLALA, Lungelo  
MAHALA, Curstey  
MAJODWANA, Sibabalwe  
MAJOLA, Londeka  
MALAPI, Thandokazi Prudence  
MALWANE, Jeniffer  
MANGANYE, Ponani Joy  
MANYATI, Siphokazi  
MASHIMBYE, Nhletelo Perazim  
MBEKWA, Buhle  
MBOKODO, Sifundo  
MCETYWA, Micaela  
MEYER, Keeshia  
MGWANGQA, Nosicelo Theresa  
MKHALALO, Vuyo Steven  
MKHARI, Risuna  
MKUTSHWA, Mazwi  
MQOLOMBA, Thandiwe Thandie Athandiwe  
MTIKITIKI, Onke  
MTSI, Vukile  
MTYIBILIZI, Kanya  
MVUNDLELA, Asipe  
MYAKAYAKA, Andiswa  
MYINGWA, Hluma  
MZILIKAZI, Onele  
NDINISA, Sihle  
NGCAPE, Lukhanyo Thabiso  
NGEMA, Nosipho Wendy  
NGQONDI, Azile

NGQULA, Sinothando  
NGUDWANA, Zimasa  
NJAMELA, Mitha Thando  
NKAMBULE, Nonjabulo Clementine  
NKOSI, Minenhle  
NONO, Anesipho  
NOPOLITI, Zintle Zinzi Prudence  
NQAKULA, Zinzi  
NTSHUNTSHE, Malibongwe Junior  
NTULINI, Sinovuyo Precious  
NYONGO, Busiswa  
NZIMA, Nadine  
NZIMANDE, Esona Spokazi  
PETLELE, Tshiamo Malefyane Junior  
PHENYA, Karabo  
PLAATJIES, Bomkazi  
PONI, Ntateng  
RICHARDSON, Roseanne Lazero  
SAAYMAN, Dalne  
SELELA, Basetsane Babatle  
SHWAYIMBA, Nothemba  
SIBANYONI, Amanda  
SONKWELE, Yanga  
SPARKS, Megan Kate  
VANNIES, Shanay Elizabeth  
VELI, Sinesipho  
XABA, Simangele Patricia  
YALI, Buhle Theo  
ZEKANI, Yonelisa  
ZIBAMBELE, Balisa  
ZIBE, Khanyisa

## ***CUM LAUDE***

SEGWE, Kopanang

## **BACHELOR OF ARTS HONOURS IN PSYCHOLOGY**

BALOYI, Disiree Amanda  
BUTHELEZI, Buhle  
DAYI, Vuyo  
FORTUIN, Rhumildé Deandra  
GOLA, Sihle  
GWADISO, Sandise Othandwayo  
KAMPA, Alizwa Sivuziwe  
KEY, Sisipho  
MABAWA, Nonhlanhla Pindile  
MAGIDA, Siphosihle  
MAHAUZA, Pamela  
MASEMOLA, Maphale Delda  
MHLONGO, Mvikeli  
MOHAMED, Altonia Jenneline  
MOKHESENG, Kamohelo Olefile  
MOSHAPO, Kholofelo Dorothy  
NCAMISO, Sonwabiso

PARAFFIN, Asanda  
SITHOLE, Samkelisiwe Precious  
THOBELA, Celesta Zandile  
TSHUNI, Palesa  
TSOBO, Asisipho Angela

***CUM LAUDE***

CALDER, Megan Amy  
CROFTS, Sian Meghan  
DE VILLIERS, Kerry Alison  
DOMANN, Celeste Marilyn  
DYER, Gabrielle  
FAIERS, Laiken  
FELIX, Daniel Jordan

GRAHAM, Liam  
HEUNIS, Jeandre Mornay  
HUMPHRYS, Lizaan Cindy  
JACKSON, Alyssa  
MAANDA, Tendani Prudence  
MANTHE, Kirsten Nicole  
NEL, Mecayla Ronecha  
NQOBO, Khulisa  
NYATHI, Tlangelani Lorna  
OPPERMAN, Renier  
RIVABELLA, Diante  
WILLIAMS, Dominique Arliss  
ZWENI, Wandile David



## MASTER OF ARTS IN CLINICAL PSYCHOLOGY (COURSEWORK)

TOWNSEND, Terence Stewart

Title of treatise:

*SOUTH AFRICAN ADULTS' EXPERIENCES OF TRANSITIONING FROM AN ANIMAL-BASED DIET TO A VEGAN LIFESTYLE*

Supervisor: Prof L-A Stroud  
Co-supervisor: Dr JM Jansen

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## MASTER OF ARTS IN COUNSELLING PSYCHOLOGY (COURSEWORK)

COLLOTY, Elizabeth

Title of treatise:

*PARENTAL PERCEPTIONS OF THEIR CHILD'S SOCIAL AND EMOTIONAL WELLNESS AMID A DIAGNOSIS OF ATTENTION DEFICIT/HYPERACTIVITY DISORDER*

Supervisor: Dr A Sandison  
Co-supervisor: Ms LN Currin

---

FERREIRA, Amber Jane

Title of treatise:

*FIRST-TIME MOTHERS' EXPERIENCE AS MEMBERS OF A SOCIAL MEDIA SUPPORT GROUP*

Supervisor: Dr T Lambert

---

PETERS, Melody Juanita - **Cum Laude**

Title of treatise:

*NSFAS FUNDED STUDENTS' FINANCIAL WELLNESS PERCEPTIONS AND EXPERIENCES AS A COMPONENT OF HOLISTIC WELLBEING: AN EXPLORATORY STUDY*

Supervisor: Ms LN Currin  
Co-supervisor: Dr JM van Lingen

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POSWA, Vuyisile Prudence

Title of treatise:

*YOUNG ADULTS' PERCEPTION OF HOW PARENTAL DIVORCE HAS INFLUENCED ADULT FUNCTIONING*

Supervisor: Dr A Sandison

---

SAMPSON, Shanell Chantel

Title of treatise:

*GOOD TEACHING PRACTICES PROMOTING SOCIAL AND EMOTIONAL DEVELOPMENT AND GROWTH IN CHILDREN AT THREE INDEPENDENT EARLY CHILDHOOD DEVELOPMENT CENTRES IN PORT ELIZABETH, EASTERN CAPE*

Supervisor: Prof L-A Stroud  
Co-supervisor: Dr JH Cronje

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## MASTER OF ARTS IN PSYCHOLOGY (RESEARCH)

BOTHA, Lizelle - **Cum Laude**

Title of dissertation:

*OBSERVATIONAL TOOL EVALUATION: A GRIFFITHS III PRACTITIONER QUALITATIVE SURVEY*

Supervisor: Ms LN Currin  
Co-supervisor: Prof L-A Stroud

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MABOTJA, Izandry Tshegofatso

Title of dissertation:

*ANCESTRAL CALLING AND ITS ROLE ON PSYCHOLOGICAL WELL-BEING AMONGST THE PEDI TRIBE IN THE POLOKWANE LOCAL MUNICIPALITY IN THE LIMPOPO PROVINCE, SOUTH AFRICA*

Supervisor: Prof Y Ally

---

SIKRWEQE, Odwa

Title of dissertation:

*PERCEPTIONS OF MENTAL ILLNESS AMONG THE RESIDENTS OF THE EASTERN CAPE PROVINCE IN SOUTH AFRICA: THE INFLUENCE OF CULTURE AND RELIGION ON THEIR COPING STRATEGIES*

Supervisor: Dr U de Klerk

Co-supervisor: Prof Y Ally

---

## **MASTER OF HUMAN MOVEMENT SCIENCE (RESEARCH)**

SCHOLTZ, Jan-Stephan - **Cum Laude**

Title of dissertation:

*PHYSICAL ACTIVITY PROMOTION TRENDS AMONG PUBLIC HEALTHCARE WORKERS IN SOUTH AFRICA: A MIXED-METHODS STUDY*

Supervisor: Dr A Kholvadia

Co-supervisor: Prof Y Ally

---

## **MASTER OF SCIENCE (RESEARCH)**

BALOYI, Thabile Valentia

*(Dietetics)*

Title of dissertation:

*DIET AND LIFESTYLE CHANGES DURING THE COVID-19 PANDEMIC AMONG HEALTH CARE PROFESSIONALS IN THE EASTERN CAPE PROVINCE*

Supervisor: Prof A Gresse

---

## **MASTER OF SOCIAL WORK IN CLINICAL SOCIAL WORK (COURSEWORK)**

ANGEL, Tamaryn

Title of treatise:

*THE IMPACT OF COVID-19 ON PERSONS WITH INTELLECTUAL DISABILITY WITHIN A SOUTH AFRICAN CONTEXT: CAREGIVERS' PERSPECTIVES*

Supervisor: Prof ACS Keet

---

MADZIMBAMUTO, Makaita

Title of treatise:

*PSYCHOLOGICAL CAPITAL AND COPING MECHANISMS OF FRONTLINE SOCIAL WORKERS FROM THE NPO SECTOR IN THE EASTERN CAPE PROVINCE RESPONDING TO THE COVID-19 PANDEMIC*

Supervisor: Prof VM Goliath

---

## MASTER OF TECHNOLOGY: ENVIRONMENTAL HEALTH (RESEARCH)

BROWN, Shireez Amenda

Title of dissertation:

*KNOWLEDGE, ATTITUDES AND PRACTICES OF FOOD HANDLERS AND MICROBIOLOGICAL SAFETY OF SELECTED READY-TO-EAT FOOD AT DAY-CARE CENTRES IN NELSON MANDELA BAY*

Supervisor: Prof PE Melariri

Co-supervisor: Ms CL Swanepoel

Co-supervisor: Dr LNA Amoah

---

GETSE, Lelethu

Title of dissertation:

*INFLUENCE OF THE PHYSICOCHEMICAL PROPERTIES OF FRESHWATER BODIES ON SNAIL DISTRIBUTION AND AN ASSESSMENT OF KNOWLEDGE, ATTITUDES, AND PRACTICES OF COMMUNITY MEMBERS REGARDING SCHISTOSOMIASIS IN NELSON MANDELA BAY MUNICIPALITY. SOUTH AFRICA*

Supervisor: Prof PE Melariri

Co-supervisor: Dr S Govender

Co-supervisor: Dr JH Kihara

---

NTOBELA, Nomvelo Pedegree

Title of dissertation:

*IMPACT OF AN EDUCATIONAL INTERVENTION ON KNOWLEDGE AND PRACTICES WITH REGARDS TO TAENIA SOLIUM CYSTICERCOSIS PREVENTION AND CONTROL IN THE RURAL COMMUNITY OF KING SABATA DALINDYEBO LOCAL MUNICIPALITY. EASTERN CAPE. SOUTH AFRICA*

Supervisor: Prof PE Melariri

Co-supervisor: Dr WH Ten-Ham Baloyi

---

ZANGWA, Mfundelwa Wilbert

Title of dissertation:

*THE IMPACT OF HEALTH EDUCATION INTERVENTION ON KNOWLEDGE, ATTITUDES, AND PRACTICES REGARDING RABIES PREVENTION AND CONTROL AMONGST DOG OWNERS IN NGQUZA HILL LOCAL MUNICIPALITY, EASTERN CAPE. SOUTH AFRICA*

Supervisor: Dr JH Kihara

Co-supervisor: Prof PE Melariri

Co-supervisor: Ms K Eastwood

---

## DOCTOR OF PHILOSOPHY

DOLLEY, Danielle Carmen  
(Human Movement Science)

Title of thesis:

*EFFECT OF A SCHOOL-BASED HEALTH INTERVENTION ON THE NON-COMMUNICABLE DISEASE RISK STATUS OF SCHOOLCHILDREN FROM DISADVANTAGED COMMUNITIES*

Supervisor: Prof CM Walter  
Co-supervisor: Prof R du Randt  
Co-supervisor: Prof U Pühse

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GWAM, Zukiswa Sylvia  
(Social Development Professions)

Title of thesis:

*A NARRATIVE EXPLORATION OF THE STRATEGIES EMPLOYED BY SOUTH AFRICAN RURAL WOMEN FOR SUCCESSFUL AND SUSTAINABLE SMALL BUSINESSES IN THE AMATHOLE DISTRICT, EASTERN CAPE*

Supervisor: Prof ACS Keet

---

NQWENISO, Felicitas Siphesihle  
(Human Movement Science)

Title of thesis:

*PHYSICAL ACTIVITY, FITNESS AND HEALTH OF SCHOOLCHILDREN FROM MARGINALISED COMMUNITIES IN GQEBERHA: IMPACT OF A SCHOOL-BASED INTERVENTION*

Supervisor: Prof CM Walter  
Co-supervisor: Prof R du Randt  
Co-supervisor: Prof M Gerber

---

## DOCTOR OF PHILOSOPHY IN PSYCHOLOGY

KAMBANJE, Nicholas

Title of thesis:

*AN EVALUATION OF THE IMPACT OF THE BEHAVIOUR CHANGE COMMUNICATION PROGRAMME IN HIV AND AIDS PREVENTION AMONGST UNIVERSITY STUDENTS AT MIDLANDS STATE UNIVERSITY IN ZIMBABWE*

Supervisor: Dr TEZ Mabusela  
Co-supervisor: Prof DS Elkonin

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NAVSARIA, Ashwin Ryan

Title of thesis:

*NEGATIVE DENTAL EXPERIENCES AMONG PAEDIATRIC PATIENTS IN THE SOUTH AFRICAN PUBLIC DENTAL CONTEXT*

Supervisor: Prof CN Hoelson  
Co-supervisor: Prof JG Howcroft

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RAMJEE, Prashana

Title of thesis:

*KNOWLEDGE, ATTITUDES, OPENNESS AND BELIEFS OF AUTISM: VIEWS OF ADULT CAREGIVERS WHOSE CHILDREN ATTEND MAINSTREAM PRIMARY SCHOOLS IN THE EASTERN CAPE*

Supervisor: Dr JM Jansen  
Co-supervisor: Dr JH Cronje  
Co-supervisor: Dr B du Plooy

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# THE DEGREE OF DOCTOR OF PHILOSOPHY (HUMAN MOVEMENT SCIENCE)

**DANIELLE CARMEN DOLLEY**

## **Previous Qualifications:**

- |      |   |  |
|------|---|--|
| 2013 | Bachelor of Human Movement Science ( <i>Cum Laude</i> ) | Nelson Mandela Metropolitan University |
| 2014 | BA (Hons) (Human Movement Science: Biokinetics)         | Nelson Mandela Metropolitan University |
| 2018 | Master of Arts (Human Movement Science)                 | Nelson Mandela University              |



## **Thesis:**

**EFFECT OF A SCHOOL-BASED HEALTH INTERVENTION ON THE NON-COMMUNICABLE DISEASE RISK STATUS OF SCHOOLCHILDREN FROM DISADVANTAGED COMMUNITIES**

The study investigated the effect of a school-based health intervention on non-communicable disease (NCD) risk factors of primary schoolchildren from marginalised schools in Gqeberha, South Africa. Results showed the coexistence of under and overnutrition resulting in stuntedness and obesity, respectively, and that 43% of children presented with at least one NCD risk factor. The study employed a staggered intervention approach which quantified the amount of support needed by teachers. The findings revealed increased physical activity and improvements in children's NCD risk factors when the generalist physical education teacher received both ready-made lesson material together with in-service training workshops. This thesis further contributes to the body of knowledge by highlighting the importance of physical activity and cardiorespiratory fitness, emphasising their separate pathways in reducing the clustering of NCD risk factors in children.

Supervisor: Prof CM Walter  
Co-supervisor(s): Prof R du Randt  
Prof Uwe Pühse

# THE DEGREE OF DOCTOR OF PHILOSOPHY (SOCIAL DEVELOPMENT PROFESSIONS)

**ZUKISWA SYLVIA GWAM**

**Previous qualifications:**

1995 BA (S/W)

2007 MA (Social Development and Planning)

University of the Western Cape

Nelson Mandela Metropolitan University



**Thesis:**

*A NARRATIVE EXPLORATION OF THE STRATEGIES EMPLOYED BY SOUTH AFRICAN RURAL WOMEN FOR SUCCESSFUL AND SUSTAINABLE SMALL BUSINESSES IN THE AMATHOLE DISTRICT, EASTERN CAPE*

The study contributes to the promotion of rural women's economic growth using organic knowledge gained from women themselves. It examines how women who have launched their own small businesses define their success, providing voice to their perspectives. The study highlighted their strength and perseverance in the face of adversity in numerous ways. It also demonstrates that these women use sound financial management strategies and follow market research principles. Policies aimed at assisting the funding of these women's businesses must recognize their current knowledge and skills. Recognising their perspectives will enable the formulation of interventions that originate from them rather than for them.

Supervisor: Prof ACS Keet

# THE DEGREE OF DOCTOR OF PHILOSOPHY (HUMAN MOVEMENT SCIENCE)

**FELICITAS SIPHESIHLE NQWENISO**

**Previous qualifications:**

2014 Bachelor of Human Movement Science  
2015 Bachelor of Arts (Hons) Biokinetics  
2018 Master of Arts (Human Movement Science)

Nelson Mandela Metropolitan University  
Nelson Mandela Metropolitan University  
Nelson Mandela University



**Thesis:**

*PHYSICAL ACTIVITY, FITNESS AND HEALTH OF SCHOOLCHILDREN FROM MARGINALISED COMMUNITIES IN GQEBERHA: IMPACT OF A SCHOOL-BASED INTERVENTION*

Utilising a randomised control trial, this study involving children from the Eastern Cape, provided insight into the dual disease burden of both communicable and non-communicable diseases in schoolchildren from marginalised communities in Gqeberha. The findings highlight both the need for regular treatment of soil-transmitted helminth infections and the importance of increasing children's physical activity and cardiorespiratory fitness to reduce percentage body fat and to lower cardiovascular disease risk. The combined physical activity and multi-micronutrient intervention effectively increased cardiorespiratory fitness and decreased blood glucose levels and blood pressure in primary schoolchildren. The evidence generated from this study should alert policy makers to the potential risk, not only for the individual's health, but also for the country's economy, if physical activity and appropriate nutrition in schools are left unaddressed.

Supervisor: Prof CM Walter  
Co-supervisor(s): Prof R du Randt  
Prof M Gerber



# THE DEGREE OF DOCTOR OF PHILOSOPHY IN PSYCHOLOGY

## NICHOLAS KAMBANJE

### Previous qualifications:

2010	Higher National Diploma in HR Management	Institute of People Management Zimbabwe
2013	BSc (Hons) in Psychology	Women`s University in Africa
2015	MSc Community Psychology	Midlands State University



### Thesis:

*AN EVALUATION OF THE IMPACT OF THE BEHAVIOUR CHANGE COMMUNICATION PROGRAMME IN HIV AND AIDS PREVENTION AMONGST UNIVERSITY STUDENTS AT MIDLANDS STATE UNIVERSITY IN ZIMBABWE*

The Behaviour Change Communication Programme was adopted by Midlands State University in 2014 to address risky sexual behaviours of students and the subsequent increase of HIV and AIDS prevalence rates. However, the programme yielded limited success. This study was conducted to comprehensively unpack why this is so. Accordingly, a combination of quantitative and qualitative research methods was adopted. From data analysis, it was concluded that the majority of students continue to engage in risky sexual behaviours due to a combination of insufficient accurate knowledge, negative attitudes to the dangers of some sexual activities, and continued misperceptions of HIV and AIDS transmission and prevention.

Supervisor: Dr TEZ Mabusela  
Co-supervisor: Prof DS Elkonin

# THE DEGREE OF DOCTOR OF PHILOSOPHY IN PSYCHOLOGY

## ASHWIN NAVSARIA

### Previous qualifications:

2007 BA Psychology  
2008 BA (Hons) Psychology  
2011 MA Clinical Psychology

Nelson Mandela University  
Nelson Mandela University  
Rhodes University



### Thesis:

*NEGATIVE DENTAL EXPERIENCES AMONG  
PAEDIATRIC PATIENTS IN THE SOUTH AFRICAN  
PUBLIC DENTAL CONTEXT*

A great deal of knowledge regarding dental fear, anxiety generally, and negative dental experiences, has been generated internationally. However, little is known about the unique contextual factors surrounding these phenomena in a South African public dental context. The current study documented the high prevalence of negative dental experiences in a sample of paediatric patients in the public health sector. Additionally, a comprehensive understanding of the unique contextual factors implicated in negative dental experiences in a South African public oral healthcare context was obtained. Finally, a bioecological perspective of these contextual factors enabled both clinical and further research recommendations to be made.

Supervisor: Prof CN Hoelson  
Co-supervisor: Prof JG Howcroft

# THE DEGREE OF DOCTOR OF PHILOSOPHY (PSYCHOLOGY)

**PRASHANA RAMJEE**

**Previous qualifications:**

2012 BA Psychology  
2013 BA (Hons) Psychology  
2017 MA Psychology

Nelson Mandela Metropolitan University  
Nelson Mandela Metropolitan University  
Nelson Mandela University



**Thesis:**

*KNOWLEDGE, ATTITUDES, OPENNESS AND BELIEFS OF AUTISM: VIEWS OF ADULT CAREGIVERS WHOSE CHILDREN ATTEND MAINSTREAM PRIMARY SCHOOLS IN THE EASTERN CAPE*

The purpose of this study was to determine the knowledge, attitudes, openness and beliefs of adult caregivers towards the inclusion of learners diagnosed with autism spectrum disorder in mainstream primary schools. The participants sampled were caregivers of typically developing children in the Eastern Cape. Despite the legislated Inclusive Education policies which promote mainstreaming of atypical learners, this practice is met with resistance. This study served to determine whether caregivers of typical learners play a significant role in limiting the implementation of inclusive policies. The results indicated that caregivers have a general awareness of this disorder, positive attitudes towards inclusion, and a high degree of openness towards learners with autism, even though some of their behaviours could have negative implications in a mainstream classroom setting.

Supervisor: Dr JM Jansen  
Co-supervisor(s): Dr JH Cronje  
Dr B du Plooy

# Congratulatory Message from the Alumni Association

## **Congratulations on your academic achievement!**

Welcome to the Nelson Mandela University family. You are now a Nelson Mandela University alumna/us.

We would like to take this opportunity to introduce you to the Nelson Mandela University Alumni Association.

Once you have obtained your Nelson Mandela University certificate, diploma or degree you become an alumna/ us of the University and a member of the Nelson Mandela University Alumni Association. The Association is approved by the University Council as a structure of the University. The Association supports and enhances the realisation of the University's vision and mission through maintaining and expanding positive relationships with its members.

## **The Role of the Alumni Association Office**

The Alumni Relations Office (ARO) is responsible for alumni engagement and the day-to-day management and running of the Alumni Association, the University Shop and all matters related to alumni as a stakeholder group. Primarily, the ARO builds relationships and maintain strong links with graduates, parents, friends and supporters of the University through events, newsletters, social media, the alumni and friends magazine Thetha and services.

## **The Role of Nelson Mandela University graduate**

We encourage you to attend the alumni engagement events, be an active alumni ambassador, support your alma mater in a variety of ways including sharing news, expertise, skills, and contributions in cash and kind. For more information regarding University projects you can support please visit the University giving page <https://mandela.ac.za/giving-to-mandela-university>

## **Mandela Alumni Connect – the online alumni networking platform**

Join the Mandela Alumni Connect community - to stay in touch with fellow alumni, get informed about events, career guidance, mentorship initiatives and expand your network.

Register on <https://alumni.connect.mandela.ac.za/> Visit our website and follow or connect to our social media channels for more information regarding our alumni digital networking platform.

At any given time, when you happen to be on Campus, we welcome your visit to the Alumni Relations Centre on North Campus in Gqeberha (former Port Elizabeth).

More info: T +27 41 504 3935 E [alumni@mandela.ac.za](mailto:alumni@mandela.ac.za)

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<https://onlineshop.mandela.ac.za/>

# NATIONAL ANTHEM

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Nkosi Sikelel'i-Afrika,  
Maluphakanyisw'uphondo lwayo,  
Yizwa imithandazo yethu,  
Nkosi Sikelela, thina lusapho lwayo.

Morena boloka setjhaba sa heso,  
O fedise dintwa le matshwenyeho.  
O se boloke, O se boloke setjhaba sa heso,  
Setjhaba sa South Africa.

South Africa.

Uit die blou van onse hemel,  
Uit die diepte van ons see.  
Oor ons ewige gebergtes  
Waar die kranse antwoord gee.

Sounds the call to come together,  
And united we shall stand.  
Let us live and strive for freedom,  
In South Africa our land.



# Change the World

[mandela.ac.za](http://mandela.ac.za)

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