NELSON MANDELA UNIVERSITY



April 2022

Autumn Graduation

Ceremony 19

Faculty of Health Sciences

29 APRIL 2022 | 14:30

To be a dynamic African university, recognised for its leadership in generating cutting-edge knowledge for a sustainable future

VISION

MISSION To offer a diverse range of life-changing education experiences for a better world

VALUES

Excellence Diversity Ubuntu Social justice and equality Integrity Environmental stewardship



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Congratulatory Message

Graduation is a significant milestone in life. It is the culmination of an academic journey that reflects your ambition, determination, commitment, perseverance and hard work. We know that this journey is often not yours alone, as many have travelled with you - your friends, your lecturers, your supervisors, your mentors and your family. They have invested in you financially, encouraged you to persevere, guided your studies and above all, believed in your ability to succeed and achieve this graduation dream. Today your joy is our joy too. Such a significant moment – your

graduation day – must be celebrated for it not only recognises all that you have achieved but also focuses on all the potential and possibilities to come. It offers great hope for the future – and you are that bright future.

> The coronavirus pandemic has transformed our lives – the way we work, study and live. Today, however, we are filled with joy and gratitude to be able to celebrate your graduation together in person. We are also extremely pleased that many more are able to join us virtually via livestreaming. As a student who had to navigate your studies in

Dr Geraldine Fraser-Moleketi Chancellor unprecedented circumstances, we especially salute and applaud your achievement as you pioneered this path. It could not have been easy.

We wish you all the very best for your future endeavours wherever they may take you as a proud alumnus of Nelson Mandela University. Continue learning through-out your life journey. Allow the flame of your curiosity for the new and yet to be discovered to burn brightly. Education is your passport to the future – and also to the future hopes of our country and our continent. It is indeed a foundation for a better world. Or as Nelson Mandela so eloquently put it:

"Education is the most powerful weapon which you can use to change the world."

Congratulations!

Umyalezo wokuvuyisana

Uthweso zidanga ludumo olubaluleke kunene ebomini. Yinkcochoyi kuhambo lwemfundo enomsila echaza ukunxanwa kwakho, ukuzimisela, ukuzinikela, ukunyamezela kwanomsebenzi onzima. Siyayazi ukuba olu hambo asilolenu kuphela, nanjengoko uninzi luthe lwakhenketha nani – abahlobo benu, abahlohli beny, abaphathi benu, amakhankatha akho kwakunye nosapho lwenu. Babinze kuni ngokwezimali, banikhuthaza ukuba ninyamezele, banikhokela kwizifundo zenu, kwaye, kuyo yonke into, bakholelwa kumxakatho wenu wokuphumelela kwanokuzuza eli phupha lokuthweswa isidanga.

Namhlanje uchulumanco lwakho luchulumanco lwethu. Ilixa elibaluleke kunene – usuku lothweso sidanga – kufuneka lubhiyozelwe kuba aluqapheli nje kuphela konke othe wakuzuza kodwa likwagxila nakumandla kwanakumathuba azayo. Lisinika ithemba elikhulu kwikamva – kwaye ulelo kamva liqhakazileyo.

Intsholongwane yekhorona ibutshintshile ubomi bethu – indlela esisebenza, esifunda nesiphila ngayo. Kodwa namhlanje, sizele luvuyo nombulelo wokukwazi ukubhiyozela uthweso zidanga zenu Sisonke njengeziqu. Siyavuya kakhulu nanjengoko abanye abaninzi bekwazi ukuba yinxalenye yethu ngokobuxhakaxhaka bosasazo ngqo.

Njengomfundi oye waqhuba izifundo zakhe ngeendlela ebezingalindelekanga, sikothulela umnqwazi ngokukhethekileyo futhi sikuqhwabela izandla kokuzuzileyo. Akukhange kubelula.

Sikunqwenelela okuhle kodwa, kwiinzame zakho zekamva elizayo, naphi na apho ziza kuthatha zikuse khona njengobesakuba ngumfundi ozingcayo weYunivesithi iNelson Mandela.

Qhubeka nokufunda kubude bohambo lobomi bakho. Vumela intlantsi yokunxanelwa ulwazi ukuba izalwe ngokokutsha kwaye iqanduselele ukutshikalela ekukhanyeni. Imfundo sisazisi sakho sobomi – kwakunye nakwithemba lekamva lelizwe lethu kwakunye nezwekazi lethu. Ngaphandle kwamathandabuzo, isisiseko sekamva elingcono. Okanye nanjengokuba uNelson Mandela eyibeka ngokucacileyo:

"Imfundo lelona krele lakhe lanamandla ongathi ulisebenzise ukutshintsha ihlabathi."

Huntshu!

Gradeplegtigheid is 'n belangrike mylpaal in jou lewe. Dit is die hoogtepunt van 'n akademiese reis wat jou ambisie, vasberadenheid, toewyding, deursettingsvermoë en harde werk weerspieël. Ons weet dat hierdie reis dikwels nie net joune alleen was nie, aangesien baie mense saam met jou gereis het – jou vriende, jou dosente, jou studieleiers, jou mentors en jou familie. Hulle het finansieel in jou belê, jou aangemoedig om te volhard, jou studies gelei en bowenal geglo in jou vermoë om sukses te behaal en hierdie gradeplegtigheidsdroom te bewaarheid.

Vandag is jou vreugde ook ons vreugde. So 'n belangrike oomblik – jou gradeplegtigheidsdag – moet gevier word, want dit erken nie net alles wat jy bereik het nie, maar fokus ook op al die potensiaal en moontlikhede wat voorlê. Dit bied groot hoop vir die toekoms – en jy is daardie blink toekoms.

Die koronaviruspandemie het ons lewens verander – die manier waarop ons werk, studeer en leef. Vandag is ons egter gevul met vreugde en dankbaarheid om jou gradeplegtigheid persoonlik saam te kan vier. Ons is ook baie bly dat baie meer mense virtueel by ons kan aansluit via die regstreekse uitsending.

As 'n student wat jou studies in ongekende omstandighede moes navigeer, salueer en loof ons veral jou prestasie as baanbreker op hierdie pad. Dit kon nie maklik gewees het nie.

Ons wens jou alles van die beste toe vir jou toekomstige pogings waar hulle jou ook al mag neem as 'n trotse alumnus van Nelson Mandela Universiteit.

Gaan voort om deur jou lewensreis te leer. Laat die vlam van jou

nuuskierigheid helder brand vir dit wat nuut is en nog ontdek moet word. Opvoedkunde is jou paspoort na die toekoms – en ook na die toekomshoop van ons land en ons vasteland. Dit is inderdaad 'n grondslag vir 'n beter wêreld. Of soos Nelson Mandela dit so welsprekend gestel het: Veels geluk!

"Opvoedkunde en onderwys is die kragtigste wapen wat jy kan gebruik om die wêreld te verander."



Professor Sibongile Muthwa Vice-Chancellor

About Nelson Mandela University



Nelson Mandela University is the only university in the world to carry the name of Nelson Rolihlahla Mandela.

With this honour comes the responsibility of leading our University into a new era of transformative innovation, development and change in line with the ethos and values of our namesake.

Living the legacy of Mandela should be reflected in the way we teach, learn, do research, engage with our partners, and work, study and live as staff, students and alumni. We are on a journey to achieve this and become the learning destination for staff and students who:

- are pioneering change agents for a better world
- are committed to creating jobs in an entrepreneurial economy
- work together across disciplines in seeking solutions and innovations to achieve quality of life and a healthy environment for all people, and
- are instilled with a deep need to serve and give back.

Fast Facts and V2030 Strategic Focus Areas



ENROLLEDSTUDENTS

INSTITUTIONAL

RESEARCH

THEMES

2230

PERMANENT EMPLOYEES



FACULTIES

(Business and Economic Sciences; Education; Engineering, the Built Environment and Technology; Health Sciences; Humanities; Law and Science)



V2030 STRATEGIC FOCUS AREAS

INTERNATIONAL STUDENTS

Office-Bearers of the University

CHANCELLOR

Dr GJ Fraser-Moleketi: MAdmin (UP), DPhil (hc) (Mandela University)

CHAIRPERSON OF COUNCIL

Ambassador NP January-Bardill: BA, Cert in Ed(UBL), MA(Essex University, UK), Dip HR Management (Damelin)

VICE-CHANCELLOR

Prof SW Muthwa: BA(SW)(Fort Hare), BA(SW)Hons(Wits), MSc, PhD(London University, UK)

DEPUTY VICE-CHANCELLOR: ENGAGEMENT AND TRANSFORMATION

Prof A Keet: BA, HDE, BEd, MEd (UWC), PhD (Edu Mang, Law and Policy) (UP)

DEPUTY VICE-CHANCELLOR: LEARNING AND TEACHING

Prof CD Foxcroft: BA, BAHons, MA, DPhil(UPE)

DEPUTY VICE-CHANCELLOR: PEOPLE AND OPERATIONS

Mr LE Hashatse: BJourn & Media, BAHons(Rhodes), MA(Edith Cowan University, Australia)

DEPUTY VICE-CHANCELLOR: RESEARCH, INNOVATION AND INTERNATIONALISATION

Dr T Mgwebi: BSc, BScHons, MSc, HDipEd(Unitra); PhD(UCT); PGDeg(Tertiary Education Management)(University of Melbourne, Australia)

DEAN OF STUDENTS

Mr LP Jack: NDip(PMA)(EC Technikon), BTech(PM)(PET), BAPhil(US), MCom(UKZN)

EXECUTIVE DIRECTOR: FINANCE

Mr MR Monaghan: BCom(UPE), BComHons(UNISA), Professional Accountant(SA)

REGISTRAR

Mr EB De Koker: BA(UCT), BAHons(UNISA), MA(Pub Admin) (University of Warwick, UK)

PRESIDENT OF ALUMNI ASSOCIATION

Mr K Blose: BSc(Construction Economics), BScHons(Quantity Surveying)(NMMU)

Executive Deans of Faculties

BUSINESS AND ECONOMIC SCIENCES

Prof HR Lloyd: BCom, BComHons, MCom, DCom(UPE)

EDUCATION

Dr SF Moeng: BA, HDE, BEdHons(UPE), MSc(St Cloud State University, USA), DEd(NMMU)

ENGINEERING, THE BUILT ENVIRONMENT AND TECHNOLOGY

Prof D Pottas (Acting): BScHons(PU CHE), PhD(RAU), MCSSA

HEALTH SCIENCES

Prof Z Zingela: MBChB(Natal), FCPsych(SA), MMed(UP)

HUMANITIES

Prof P Maseko: BA, BAHons(UWC), MA, Cert in Assessor's Course (Curriculum Development and Assessment in HE), PhD, PGDip in Higher Ed(RU)

LAW

Dr L Biggs (Acting): BCom (Law), LLB(UPE), LLM (Labour Law) (cum laude), LLD(NMMU)

SCIENCE

Prof A Muronga: BSc, UED(UNIVEN), BScHons, MSc(UCT), PhD(University of Minnesota, USA)

DEAN OF LEARNING AND TEACHING

Dr P Kota-Nyati: BA(Vista), BAHons, MA Couns Psych(UPE), DPhil(Mandela Uni)

Order of Proceedings

Entrance of Academic Procession

Moment of silence

Constitution of Congregation and Welcome Prof SW Muthwa (Vice-Chancellor)

Choral performance Nelson Mandela University Choir

Awarding of qualifications Prof SW Muthwa (Vice-Chancellor)

Conferring of a Doctoral Degree Prof SW Muthwa (Vice-Chancellor)

Message of Congratulations and Dissolution of Congregation

Prof SW Muthwa (Vice-Chancellor)

National anthem Nelson Mandela University Choir

Departure of Academic Procession

* The words Cum Laude indicate that the diploma or degree is awarded with distinction to the candidate/s listed.

FACULTY OF HEALTH SCIENCES

DIPLOMA IN SPORT MANAGEMENT

BLOU, Khanyiso CARELSE, Ameer Nkokheli MATEBENI, Cameron Luthando NGANGA, Eva Wanjiru ZITA, Mesuli

BACHELOR OF ARTS IN PSYCHOLOGY

APHANE, Adelaide Mahlako Mosima BALOYI, Disiree Amanda BARNARD, Danielle **BENNETT**, Carlisle Peter BUSAKWE, Phiwokuhle CAPA. Thembelihle CECIL. Natasha CHRISTIAN, Tiffany Monique DARONDILE, Aphelele DAZA, Liyabona Khanya DHLAMINI, Jessica DIRATSAGAE, Katlego Motshidisi DLAMBULO, Iviwe DLOMO, Nosihle Ntandokazi DU PLOOY, Alana Enid FAKU, Lwando FEINAUER. Brandon Griffin FITCHAT, Tamia Robin FORTUIN, Rhumilde Deandra FUZANI, Sinazo GATYENI, Yonela GQOBO, Nqwenelwa Batande Zamaqadi GXOYIYA, Sandiswa HALL, Michaela Lea HANI, Ayabonga HEWU, Zizo ISMAIL, Naadiyah JACOBS. Mpho Iviwe Gift JAM-JAM. Sandisiwe JANTJIE, Thabisile KALAKGOSI, Rutendo Iman KEY, Sisipho KHWITSHANA, Nada Mirriam LAMOLA, Chantel Nomonde LEPHOLE, Maleshoane LIPPERT, Tracey Avrill LUDZIYA, Avela MAANDA, Tendani Prudence MABONGO, Hlonela MAHAUZA, Pamela MAHLASELA, Nosipho MANJATE, Bernedean Helen MAQUBELA, Alulutho Yamkela MASHININI, Ayanda Nonjabulo MASINGA, Sikhulile Terrenciah

MATHEBULA, Prestige MATOLWENI, Monica Akhona MAYANA, Asemahle MAYOYO, Lisa MBAMBO, Zezetu MBETE, Lilita Fundiswa MBIKO, Zukelwa Bridget MEYER, Amber Kirsten MGIJIMA, Khanviso MGOZA, Sanele Praisegod MHLONGO, Mvikeli MNCUBE, Nomusa MNGOMA, Esona MPAKUMPAKU, Onelisiwe MPAYIPHELI, Liyema Sinentle MPISI, Sihle Nduduzo MPOFU, Fidel MPONGO, Mzikazi MPONGOMA, Aviwe MQHAKAYI, Chuma MURRAY, Chante Naomi MZAMO, Elethu NAZO, Andisiwe NGAKANE, Itumeleng NGOBELI, Lutendo NGOBESE, Nosibusiso Nobesuthu Charmaine NKWANYANA, Asanda Zanele Londiwe NTETHA, Ananda Yolanda NTOKWENZANI, Lindikhaya PRENTIS, Tristynn PRINSLOO, Wilmari RODRIGUEZ ZACIGA, Diana Sofia SCOTT, Mthunzikazi SEITLHEKO, Lijeng Precious SHUMPA, Siyandiswa Queen SICWEBU, Landa SITHOLE, Samkelisiwe Precious STEFANE, Sinalo TLHOKOTSI, Mmadira Evelyn TOKWANA, Patisanani Izibele VAN BILJON, Dane VORSTER, Michgah Dona-Leigh XOLO, Simamukele XU, Huiliya ZANTSI, Refilwe Sisamkele ZIMBA, Asibabale

CUM LAUDE

BADIER, Anna-Jade COETZEE, Marezhan CROFTS, Sian Meghan DE VILLIERS, Kerry Alison DIDISHE, Lutho DOMANN, Celeste Marilyn DYER, Gabrielle EDWARDS, Staci Anne

FAIERS, Laiken GRAHAM, Liam GWADISO, Sandise Othandwayo HAASBROEK, Menique HARITOS, Ioanna HEUNIS, Jeandre Mornay JACKSON, Alyssa JACOBS, Vanessa Stephanie KAMPA, Alizwa Sivuziwe MABAWA, Nonhlanhla Pindile MANTHE, Kirsten Nicole MASEMOLA, Maphale Delda MBATSANE, Lusanda Khulile MBELE, Thandeka MNGWENGWE, Noluthando MTHEMBU, Siyathandwa Asisipho NABAL, Bianca-Lee NCAMISO, Sonwabiso NEL, Mecayla Ronecha NOKELE, Onela OLIVIER, Miceala Monnique **OPPERMAN**, Renier PARAFFIN, Asanda **RIVABELLA**, Diante ROOS, Jessica SCHAUP, Kirsty-Lee SHARPLEY, Garth Grant Malachi SIMELANE, Thembelihle SOUTHERN, Amy Nicole STEVENS, Sharne VAN ECK. Samantha WAGENAAR, Chereen ZWENI, Wandile David

BACHELOR OF ENVIRONMENTAL HEALTH

BODOZA, Nosisa CAMPBELL, Prince Samkelo CHOLIDIZA, Banele DELIHLAZO, Bongiswa DUMANI, Athayanda DYAMALA, Sinethemba FANI, Busisani GOBENI, Zikhona Christina GOJO, Siyabulela Kenneth GUBAYO, Siphosethu GXULA, Zizipho LANGWANA, Vuyiseka MABETSHE. Siviwe MAKALANCHECHE, Disego Cara MDUTSHANE, Namhla Sive MLENGA, Akhona MNGCONGO, Yolanda Mbalentle MORATLATLI, Mmakosha Sophumelelo MOTAU, Katekani Precious MSUDUKWA, Jabulile MULAUDZI, Madautsha Neo MZIMKULU, Unakho Njabulo

NOMSOBO, Qaqamba SHUMANE, Azole SITOBOLI, Reitumetsi Ukuthanda STEVENS, Emersonn TAKALANI, Thifhidzi TYALI, Qawe

BACHELOR OF HEALTH SCIENCES IN BIOKINETICS

ENNIS, Alexandra Lee GELDENHUIS, Chine GILL, Brandon HEWSON, Rachel Alexandra INCENDIARIO, Lorenzo LABUSCHAGNE, Ayden Ronald LEANDER, Sean LINDANI, Sinekhaya NAIDOO, Lenae RUMBELOW, Daniel Sven RUMNEY, Chad Wesley SISSING, Zhanique Lavique SWART, Danielle

CUM LAUDE

HYSLOP, Stacey Kendal

BACHELOR OF HUMAN MOVEMENT SCIENCE

AGNEW, Liam Jaron BHANA, Zeenal **BROWN**. Jared Reece COSSAVELLA. Gina DLADLA, Tjhedza Boipelo Brightness DU TOIT, Hannah Charlotte FEBRUARY, Laurentia Anthonique HARE, Courtney Paige JURIE, Shazelle Amy KHOZA, Miyelani MAQAM, Khanyo Phiko MARRIOTT, Kirsten MAZALENI, Homba MOYI. Somila MYALO, Siphesihle NIEHAUS, Leme PUPA, Siviwe Ntsika-Yomzi Vincent **REID**, Gregory Brett SEBOGODI, Reabetswe Eunice STUURMAN, Chiteme Mekhyla

CUM LAUDE

HAMILTON, Matthew Trevor MURRAY, Lauren ROUX, Dylan

BACHELOR OF PSYCHOLOGY (COUNSELLING)

DE KLERK, Barend Jacobus GEORGE, Sherwin Justin MBEWANA, Siphokuhle MBUNGWA, Vanisile Nelson NDOVELA, Chuma Lonwabo POVEY, Robyne SWANEPOEL, Werner WILKEN, Melandrie

CUM LAUDE

BHAT, Salma KAYSER, Courtney Raylene VAN WYK, Roxanne

BACHELOR OF SCIENCE IN DIETETICS

ABDOLLATIEF, Nishaat GREEFF, Lieze JONATHAN, Kelly Candace LEKUBU, Thercia Ofentse MEYER, Elricia Edwean MZILIKAZI, Yoliswa NKUNA, Kindness Rivoni PLAATJIES, Zukhanye ROTH, Catherina Elizabeth SIWAHLA, Anele

CUM LAUDE

KEEN, Michaela MUNSHIE, Maseehah VAN ZYL, Alétia

BACHELOR OF SOCIAL WORK

ARENDS, Shannon Lauren BALI, Pearl Anelisa BEBE. Siwaphiwe BLOU, Pakama Erica BOTES, Heloise Goergia CHILOANE, Carol Thabile DANIELS, Alicia DIESEL, Madelynn DU PREEZ, Kayde Kaylah GABADA, Onele GARDNER, Shamone Abegail GWANYA, Mandla HAMBRIDGE, Lydia HAYNES, Courtney Brittany JACK, Zenande Lesedi JAKAVULA, Sinesipho Primrose JORDAAN, Debaneigh Lavondre KHUMALO, Sive Emanuel KOTA, Siphokazi KUBEKA, Beverley LAZARUS, Tinishka

MADLWABINGA, Athenkosi MAHLANGU, Bridgette MAHLOKOZI, Khuselwa Lynette MAKOLOANE, Atang MAPANGA, Tavonga Mwaita MATYUMZA, Zethu Angie MBAMBA, Siphosethu MCGEAR, Shari Shana MDOBHISA, Sipamandla MIKA. Allan Tawanda MKHWANAZI, Londiwe Princess MLONYENI, Sinovuyo MNISI, Nombuso Natacia MOKWENA, Simphiwe Cylia MONDO, Freeman Takura MOREMEDI, Pako MPENDU, Nandipha MSITHO, Ntombebongo MZONGWANA, Babalwa NDIMANDE. Lethukuthula NDUNGE, Avelile NDZUZO, Nomzamo Nolene NGOJO, Phozisa NINZI. Azile NKONE, Sonwabise NTSENGE, Aphendule Princess NZENZA, Olwethu Christolene PFUPA, Patience Munodaishe PLAATJIES, Zande-Leigh POSSEL, Blanch Imogen QUTSU, Gcobisa Alina **RADIEN**. Marelize RAMAHUTA, Malebo Muriel SEPTEMBER, Alizwa SEYISI, Sinesipho SHIBAMBU, Remember SMITH, Jamonique Lizaan Carmen SMITH, Natanya Elzane TSALONG, Thato TSHUKUSE, Zimasa WHITEBOOI, Renee ZAKE. Phindiwe Vivian

CUM LAUDE

HOFFMAN, Allison Jennifer MOLATO, Keamohetswe Roseline

BACHELOR OF TECHNOLOGY: ENVIRONMENTAL HEALTH

JANTJIES, Carike KHUZWAYO, Nokuthula Sindisiwe Mandisa MAHLEZA, Mapuleng MANDA, Wendy MDLIVA, Siphenathi Bransby NXITYWA, Afrika

BACHELOR OF ARTS HONOURS IN PSYCHOLOGY

JACA, Esona LEYANE, Nonkululeko Faith LUBALA, Sinalo Zimbini MAKWELA, Hannan Abena MANDIDI, Zivisai Sibusiso NKOHLISO, Ayabonga SIFENI, Mbalentle WOODS, Kaylen

CUM LAUDE

BERRY, Cydney Grace BHOMANI, Elizabeth Nicola CHEN, Rebekah Bûn-Nga DE WAAL, Antoinette Florine Wyona DONKLAN, Xolisa FERREIRA, Wikus Ignatius FRANK, Charne' Carla GROOTBOOM, Kim Jodie

HOLTZHAUSEN, Kerstin JONAS, Simamkele JOUBERT, Tara-Lee KHAU, Kananelo Adele KLOPPER, Natasha LAWRENCE, Tessa LUBHELU, Oyama MARCHENKO, Nicole MEECHAM, Drew John MEIRING, Chanté Denise MNGOMEZULU, Gugu Precious MULOCK HOUWER, Luke NKHONO, Maxine Ovaha NKOMANA, Anelisa PAU, Sebastian Claude ROCKMAN, Britney Lee RUSSON, Daniel Trevor VOS, Reuben James WARD, Amy Dineze WHITTLE, Cameryn Michelle WRETHMAN, Roxanne

MASTER OF ARTS IN COUNSELLING PSYCHOLOGY (COURSEWORK)

BURGER, Jeanine Claire - *Cum Laude* Title of treatise: *AN EXPLORATION OF BURNOUT AMONG HEALTH PROFESSIONS ACADEMICS EMPLOYED IN HEALTH SCIENCES FACULTIES AT A SOUTH AFRICAN UNIVERSITY*

> Supervisor: Ms LN Currin Co-supervisor: Prof M Smith Co-supervisor: Dr E Munnik

FRONEMAN, Carmen Michelle Title of treatise: HOOK, LINE AND SINKER: FISHING IN THE ONLINE RELATIONSHIP REALM, AN EXPLORATION OF ADDICTIVENESS IN ONLINE ROMANTIC RELATIONSHIPS

Supervisor: Prof JG Howcroft Co-supervisor: Dr T Lambert

MOUTON, Charlize - *Cum Laude* Title of treatise: SIBLINGS OF INDIVIDUALS WITH AUTISM SPECTRUM DISORDER: AN EXPLORATION OF WELL-BEING IN EARLY CHILDHOOD

Supervisor: Prof L Stroud Co-supervisor: Dr JH Cronje

POTSO, Thando Title of treatise: EXPLORING PSYCHOLOGISTS' PERCEPTIONS ON HOW THEY INTEGRATE THEIR OWN CULTURAL BELIEF SYSTEMS WITHIN THE THERAPEUTIC RELATIONSHIP IN THE EASTERN CAPE PROVINCE, SOUTH AFRICA

Supervisor: Prof Y Ally

MASTER OF ARTS IN PSYCHOLOGY (RESEARCH)

MANTSHIYOSE, Asisipho Title of dissertation: EARLY MALADAPTIVE SCHEMAS AMONG RE-OFFENDERS IN GQEBERHA

Supervisor: Mr AR Navsaria

ZOKOZA, Babalwa Title of dissertation: THE CONCEPT OF SEXUAL CONSENT AND MALE VIEWS ON RAPE: AN INTEGRATIVE SYNTHESIS

Supervisor: Prof BML Pretorius

MASTER OF HUMAN MOVEMENT SCIENCE (RESEARCH)

GILCHRIST, Robynne Claire Title of dissertation: AN EVALUATION OF OSTEOARTHRITIS REHABILITATIVE PRACTICES WITHIN A SOUTH AFRICAN MULTIDISCIPLINARY REHABILITATION SETTING Supervisor: Dr A Kholvadia

	TESTS WITH MATCH-RELATED PERFORMANCE IN FEMALE	
PREMIER LEAGUE HOCKEY PLAYERS	Supervisor: Dr K Bahdur Co-supervisor: Dr A Kholvadia	
NCANYWA, Sesethu Title of dissertation:		
STATUS OF PHYSICAL ACTIVITY AND PHYSICAL F FROM MARGINALISED COMMUNITIES IN PORT ELIZ		
	Supervisor: Prof CM Walter Co-supervisor: Prof R Du Randt	
VAN NIEKERK, Tyra-Lee Title of dissertation: DETRAINING AND ITS EFFECTS ON PERCEPTUAL M	OTOR SKILLS OF SOCCER PLAYERS	
	Supervisor: Mr RP Raffan	
MASTER OF SCIENCE (RESEARCH)		
PULLEN, Stacey-Leigh Lillian (<i>Dietetics</i>) Title of dissertation: <i>RISK FACTORS ASSOCIATED WITH PREMATURE BIR</i>	RTH AT A DISTRICT HOSPITAL IN BISHO, EASTERN CAPE Supervisor: Prof A Gresse	
MASTER OF TECHNOLOGY: ENVIRONMENTAL HEALTH (RESEARCH)		
JACOBS, Nathan Elmar Title of dissertation: WATER QUALITY MONITORING: A CORRELATION B AND DIARRHOEAL PREVALENCE WITHIN THE KOUK	BETWEEN BACTERIOLOGICAL QUALITY OF DRINKING WATER CAMMA LOCAL MUNICIPALITY Supervisor: Mr WJ Le Roux Co-supervisor: Prof PE Melariri	
MHLONYANE, Gcobisa Title of dissertation: THE ROLE OF ENVIRONMENTAL HEALTH PRAC LEGIONNAIRES' DISEASE	TITIONERS IN THE PREVENTION AND MANAGEMENT OF Supervisor: Ms CL Swanepoel Co-supervisor: Dr LA Ndimurwimo	
MICHAU, Willem Paul Title of dissertation: A SURVEY OF FOOD SAFETY PRACTICES AND MIC OUTLETS FROM A UNIVERSITY CAMPUS IN SOUTH	CROBIAL RISK RELATED TO READY-TO-EAT CHICKEN FOOD AFRICA Supervisor: Prof PE Melariri Co-supervisor: Dr IS Human	

KNOTT-CRAIG, Hannah Sue

NUNDZE, Simphiwe Robert Title of dissertation: A BASELINE INVESTIGATION OF NANOMATERIAL EMISSIONS AND EMPLOYEE KNOWLEDGE ABOUT NANO-SAFETY AT THE MATLA AND KRIEL COAL FIRED POWER STATIONS IN THE MPUMALANGA PROVINCE Supervisor: Prof PE Melariri

Supervisor: Prof PE Melariri Co-supervisor: Dr M Thwala Co-supervisor: Dr AS Ogunlaja

DOCTOR OF PHILOSOPHY IN PSYCHOLOGY

CHINGOZHO, Johnson Title of thesis: LIVED EXPERIENCES OF REPEAT SEX OFFENDERS IN A ZIMBABWEAN JUVENILE PRISON REGARDING SECONDARY DESISTANCE

Supervisor: Prof MB Ngcobo-Sithole

DOCTORAL CITATIONS

FACULTY OF HEALTH SCIENCES

THE DEGREE OF DOCTOR OF PHILOSOPHY (PSYCHOLOGY)

JOHNSON CHINGOZHO

Previous qualifications:

2005 DBM2009 Hons (Psychology)2017 MSc Community Psychology

University of Zimbabwe Zimbabwe Open University Midlands State University



Thesis:

LIVED EXPERIENCES OF REPEAT SEX OFFENDERS IN A ZIMBABWEAN JUVENILE PRISON REGARDING SECONDARY DESISTANCE

The study employed a phenomenological qualitative research approach that was exploratory, descriptive and theory generative in design underpinned by the Integrated Theory of Desistance from Sex Offending. The aim was to explore lived experiences of (juvenile sexual offenders (JSOs) regarding secondary desistance. The research was conducted in four phases. Phase 1 was an integrative literature review utilising Whittemore and Knafl's framework, phase 2 was fieldwork. Phase 3 involved the development of a conceptual framework using six concepts of Dickoff, James & Wiedenbach. In Phase 4 of the study a Zimbabwean Adolescent Sex Offender Psychoeducational Programme to be used as an intervention among juvenile sex offenders in juvenile prisons was developed.

Supervisor: Prof M Ngcobo-Sithole

Honorary Doctoral Recipient Noxolo Grootboom - Doctor of Philosophy (Honoris Causa)

Celebrated media personality, Noxolo Grootboom, was born on 8 October 1960 in Cacadu (formerly Lady Frere) in the Eastern Cape and completed her formative schooling in the area. During her high school years, she studied at Lamplough High School

and Bethel College, in Butterworth. Moving to Gauteng in 1981 with her siblings, she took a course in computers at a Johannesburg computer academy. Thereafter, she took up a position as a typist at the South African Broadcasting Corporation (SABC) in 1983, seeing this as an opportunity to move into the media space albeit with no formal journalism background.

Three years later, she worked her way up to being appointed as a Production Assistant and received mentoring from fellow journalists. Her love of storytelling and her passion for the isiXhosa language landed her a position as current affairs producer.

A stand-in stint in the newsroom in 1990, reading a news bulletin, impressed the public braodcaster's management and she subsequently became isiXhosa news anchor.

Her ability to authentically deliver fine isiXhosa prose without being theatrical or cliched in news reporting, and her love for beautiful spoken language and excellent vocal delivery soon resulted in her becoming a much respected and loved news anchor. Her deep understanding of isiXhosa language, culture, customs and traditions, as well as the recognition of our country's linguistic and cultural diversity enabled her to excellently broadcast in isiXhosa, English and other indigenous South African languages.

She prides herself as the storyteller who learnt these ways of knowing through her rural informal teaching in the Eastern Cape. During her SABC years, she anchored the live funeral

broadcasts of high-profile South Africans like Chris Hani, Winnie Madikizela-Mandela, Oliver Tambo, Walter Sisulu, Joe Slovo, Govan Mbeki and the global icon after which our University is named, Nelson Mandela.

With her unique sense of humour and her inimitable knack for the isiXhosa language, Noxolo represents many things that Nelson Mandela University stands for, including the value of healing society from its brutal wounds, while preserving the intellectual heritage of isiXhosa for families across the nation. On 30 March 2021, Noxolo Grootboom delivered her last news broadcast to an audience of almost 4 million people, marking her retirement at the end of a 37-year career. That news broadcast coincided with a "family meeting" by President Cyril Ramaphosa, who duly moved his time slot up by half an hour to allow her audience to witness her final bulletin. A true honour and accolade to a consumate professional of the industry. As with all her bulletins, she ended her broadcast with her well-known mantra, "Ndinithanda nonke emakhaya" which, loosely translated, means "I love you all at home".

Her public service in South African society to translate stories and capture the mood while teaching younger generations of the content and knowledge preserved in language, makes her one of the few news anchors and storytellers who deserve the opportunity to be honoured by "ukuthweswa isidanga" (graduation) for the excellent work done in service to society for more than three decades.

For her invaluable work and contribution to journalism, media and communication, as well as her upliftment of the linguistic heritage of South Africa, it is an honour for Nelson Mandela University to confer the degree of Doctor of Philosophy (honoris causa) on Noxolo Grootboom.

Honorary Doctoral Recipient Lungile Pepeta - Doctor of Health Sciences (*Honoris Causa*) Posthumous

174 A.W. XXX Acclaimed paediatric cardiologist and medical pioneer, Lungile Pepeta, was born on 16 July 1974 in Bizana, Eastern Cape. Нe matriculated from Village Bizana High School in 1991 and, the following year, enrolled for the MBChB in the Faculty of Health Sciences at

the then University of Transkei (now Walter Sisulu University). He graduated in 1997 and completed his internship at Mthatha General Hospital in 1998. In 1999, he joined Frontier Hospital in Komani (formerly Queenstown) and Dordrecht Hospital to fulfil his community service commitments.

Continuing with his studies during his community service year, he obtained a Diploma in Child Health through the Colleges of Medicine of South Africa. In January 2000, Lungile became a Medical Officer in Paediatrics at King Edward VIII Hospital in Durban, KwaZulu-Natal. Six months later, in July 2000, he was appointed as Registrar in Paediatrics at the University of KwaZulu-Natal.

He qualified as a paediatrician in 2003, after passing the Fellowship of Paediatricians of South Africa. Moving back to Frontier Hospital the following year, he was appointed as Head of Paediatrics.

From mid-2004 to the end of 2008, Lungile was a Specialist Paediatrician, full-time Lecturer and Fellow at the Chris Hani-Baragwanath Hospital in Johannesburg - through its affiliated academic institution, the University of the Witwatersrand. During this time, he completed his paediatric cardiology training.

He obtained the Certificate in Cardiology (SA) through the College of Paediatricians of South Africa in 2008.

Returning to his home province in 2009, he spent a short time at the Nelson Mandela Academic Hospital in Mthatha before being appointed as Principal Specialist and later Head of Department of Paediatrics and Child Health at the Port Elizabeth Hospital Complex. This was where he established the City's first paediatric cardiology unit - at the Dora Nginza Provincial Hospital. He served at this Complex until the end of 2015, while also lecturing in Paediatric Cardiology at the Complex and at Walter Sisulu University. During his time here, he introduced non-invasive procedures to cure heart disorders and defects, such as congenital heart disorder faced by children in the Eastern Cape, and mentored and trained many doctors, particularly in the field of paediatrics.

In 2012 he was awarded a Master of Medicine in Paediatrics from the University of the Witwatersrand and two years later, admitted as a Fellow of the Society for Cardiovascular Angiography and Interventions, USA (FSCAI).

In January 2016, Lungile was appointed as Associate Professor of Paediatrics at Walter Sisulu University and at the Port Elizabeth Hospital Complex. During 2016, he served as the Acting Chief Executive Officer at Dora Nginza Provincial Hospital and Acting Clinical Governance Manager for the same hospital until the end of 2017.

On 1 January 2017, Dr Lungile Pepeta was appointed as the Executive Dean of the Faculty of Health Sciences at Nelson Mandela University. Later that year, he was elected as a member of the Council of Medical Schemes (CMS). He served the Nelson Mandela University community with excellence, demonstrating exceptional leadership through the establishment of the 10th Medical School in South Africa and championing the accreditation of the undergraduate medical programme.

As an active scholar, his contribution in the field of research in paediatric cardiology extends to over 20 research related outputs (inclusive of 11 research articles).

Included in his impressive list of memberships is President of the Paediatric Cardiac Society of South Africa, Vice-President of the South African Heart Association and Executive Member of the South African Paediatric Association.

In 2018, he registered for a Doctor of Philosophy (PhD) in Paediatrics at Stellenbosch University.

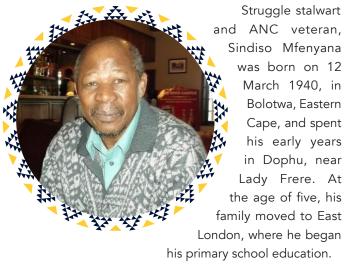
As a member of the Board for the Council of Medical

Schemes, he was elected as its chairperson in June 2020, replacing the previous Chair, who succumbed to COVID-19 in May. He was also elected to a 15-member panel of experts, advising the provincial government's COVID-19 taskforce. Later that month, Lungile was hospitalised after contracting the coronavirus and, on 07 August 2020, passed away from complications of the virus at the age of 46.

Professor Lungile Pepeta embodied the Mandela University values, particularly being in the service of society, through public health accountability, advocating for the eradication of the inequities in healthcare provision, especially in remote and under-resourced communities of the Eastern Cape, in particular, and South Africa, as a whole.

For his contributions as a paediatric cardiologist, medical researcher, university professor and activist, and for being a pioneer of the medical industry in South Africa, particularly in child health care, it is an honour for Nelson Mandela University to confer the degree of Doctor of Health Sciences (honoris causa) on **Lungile Pepeta.**

Honorary Doctoral Recipient Sindiso Mfenyana - Doctor of Philosophy (*Honoris Causa*)



By 1953, he had passed his primary education with flying colours and was sent to St John's College in Mthatha. He excelled at St John's and, by 1957, was the only matriculant at the school to obtain a first class pass with exemption. During his high school career, his passion for politics began and he regularly attended ANC Youth League (ANCYL) meetings. In matric, he was elected as ANCYL Secretary at St John's.

In 1957, he enrolled for a BSc at Fort Hare University on a scholarship from the Mthatha Bunga (council of tribal chiefs). In December of 1960, Sindiso received an invitation to join the armed resistance that was brewing within the ANCYL. With his father's blessing, he boarded the train from his home in Noupoort and headed for Johannesburg.

During his time in Johannesburg Sindiso learned about the workings and political motivations of the ANC. He also contributed to the struggle by helping to organise the All-in Africa Conference in 1961, where Nelson Mandela was the keynote speaker. The real reason for being in Johannesburg, however, was to prepare him for exile. On 5 January 1962, Sindiso and his cohort left for military training in the Soviet Union. After his training, he was selected to further his MSc Economic Studies at Kiev Economics Institute in the USSR (now Ukraine).

During his time in the USSR, Sindiso met Rita, a graduate in Aeronautical Engineering, whom he married in June 1963 in Kiev. In August 1967, Sindiso graduated from KINE and was posted by the ANC to Hungary, where he remained for three years, working for the World Federation of Democratic Youth (WFDY). In August 1970, he departed with his family for Cairo to take up the position of ANC representative in Egypt. He was also elected leader of the Afro Asian People's Solidarity Organization during this time. Following his tireless work in Cairo, Sindiso was transferred to the ANC headquarters in Lusaka, Zambia, in 1974. He joined the office of the Secretary General of the ANC and became one of the producers of Radio Freedom, the Voice of the African National Congress and the people's Army uMkhonto Wesizwe. During this time, he also lectured at the Natural Resource Development College in Lusaka.

In 1985, Sindiso was appointed Secretary to then ANC President Oliver Tambo, until he was deployed to the German Democratic Republic (GDR), where he acted as chief representative of the organisation.

In December 1990, as the ANC and Apartheid government began to discuss a peaceful transition of power, Sindiso was called upon, in his capacity as a member of the ANC's National Executive Committee (NEC), to attend talks in Johannesburg. It was the first time he was able to return home in 28 years. He was awarded the Military Veterans Decoration in gold in 1991 for completing 30 years of unbroken service as a committed member of Mkhonto Wesizwe.

In 1992, Sindiso commenced Civil Service training, first at the British Civil Service College in London, and subsequently the US Civil Service College in Pennsylvania.

Just before South Africa's first democratic elections, in March 1994, Sindiso was appointed Under Secretary to the National Assembly and moved to Cape Town. In June 1997, Sindiso was the first Black person to ever be appointed Full Secretary to Parliament in South Africa.

On leaving Parliament, he served as the South African Ambassador in Tanzania from 2004 until his retirement in 2010. After his retirement, he became the member of the ANC Integrity Commission. Whilst in Tanzania, he received an award for meritorious service from the South African Legislatures Secretaries Association. In 2013, he was awarded Batho Pele Life Achiever of the Year, which recognises public servants who are selfless, dedicated, committed and who go the extra mile in servicing citizens.

In 2017, Sindiso wrote his autobiography "Walking with Giants", launched by Nelson Mandela University's Centre for the Advancement of Non-Racialism and Democracy (CANRAD) in April 2018.

For his life-long struggle for South Africa's liberation, his vocality on anti-corruption and patronage and his firm belief in constitutional democracy, it is an honour for Nelson Mandela University to confer the degree of Doctor of Philosophy (honoris causa) on **Sindiso Mfenyana**.

Academic Dress

Special academic attire has been designed for office bearers at Nelson Mandela University to be worn at prestigious academic events like graduation.

Each outfit – from that of the Chancellor and Vice-Chancellor to those of the Executive Deans – has been meticulously selected to signify a particular office; this is a tradition that is consistent with leading universities throughout the world. The gowns, caps and hoods of Nelson Mandela University graduates were similarly inspired and are explained in detail below.

Academic dress for graduates at Nelson Mandela University is as follows:

Doctoral Degrees

- **Gown:** Cardinal red polyester cashmere gown with long pointed sleevespleated up with blue cord and button and lined with blue satin with 125mm facings and a blue collar.
- **Hood:** Full shape hood in cardinal red polyester cashmere lined with faculty colour satin and edged around the cowl with 75mm faculty colour ribbon with 15mm blue ribbon overlaid central. 50mm wide straight neckband in cardinal red polyester cashmere, 25mm faculty colour ribbon in centre of neckband with 15mm blue ribbon overlaid central to faculty ribbon.
- Cap: Round doctor's bonnet in black velvet with faculty colour cord and tassel.

Master's degrees

- **Gown:** Black gown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail is used.
- **Hood:** Full shape blue hood lined faculty colour satin and edged around the outside of the cowl with 75mm faculty colour with ribbon. 50mm straight neckband in blue with 25mm faculty colour ribbon centred.
- **Cap:** Black mortarboard with blue tassel.

Postgraduate Diplomas

- **Gown:** Black gown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- **Hood:** Blue simple shape hood lined silver grey satin. Straight neckband with 15mm faculty ribbon on top edge of neckband and around cowl. 15mm silver grey ribbon on bottom edge of neckband and around cowl spaced 20mm away from the faculty colour.
- **Cap:** Black mortarboard with blue tassel.

Bachelor Honours Degrees

- **Gown:** Black gown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- **Hood:** Blue simple shape hood lined silver grey satin with 50mm wide straight neckband in faculty colour. Cowl

edged 75mm faculty colour ribbon on the outside. 15mm silver grey ribbon runs along the outer edge of the cowl, overlaid on faculty ribbon and on top edge of neckband.

Cap: Black mortarboard with blue tassel.

Four-Year Bachelor's Degrees (Including Bachelor of Technology Degrees)

- **Gown:** Blackgown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- Hood: Blue simple shape hood lined silver grey satin with 50mm wide straight neckband in faculty colour. Cowl edged 75mm faculty colour ribbon on the outside. Silver grey cord runs along the outer edge of the cowl, overlaid on faculty ribbon and on top edge of neckband.
- **Cap:** Black mortarboard with blue tassel.

Three-Year Bachelor's Degrees

- **Gown:** Blackgown, longpointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- Hood: Blue simple shape hood lined with silver grey satin with
 50mm wide straight neckband in faculty colour. Cowl
 edged 75mm faculty colour ribbon on the outside.
- Cap: Black mortarboard with blue tassel.

Advanced Diploma

- **Gown:** Blackgown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- **Hood:** Blue simple shape hood lined with silver grey satin with 50mm wide straight neckband. 15mm faculty colour ribbon on top and bottom of neckband around cowl.

Cap: Black mortarboard with blue tassel.

Diploma

- **Gown:** Black gown, long pointed sleeves pleated up with blue twisted double cord and button. Similar cord detail.
- **Hood:** Blue simple shape hood with 50mm wide straight neckband. 25mm faculty colour ribbon on centre of neckband.
- **Cap:** Black mortarboard with blue tassel.

Faculty Colours

Humanities: Business & Economic Sciences: Health Sciences: Law: Education: Science: Engineering, the Built Environment and Technology: Business School: Yellow Plum Apple green Grey blue Orange Dark green Light blue Black and magenta



Messrs T. Birch & Co (Pty) Ltd and its subsidiary, Croft Magill & Watson (Pty) Ltd, have been appointed as official robe maker to the University and as contracted suppliers of choice to students for graduation academic attire.

Photos In Seconds has been appointed as the official photographer of the University.

Congratulatory Message from the Alumni Association

Congratulations on your academic achievement!

Welcome to the Nelson Mandela University family. You are now a Nelson Mandela University alumnus.

We would like to take this opportunity to introduce you to the Nelson Mandela University Alumni Association.

Once you have obtained your Nelson Mandela University certificate, diploma or degree you become an alumna/ us of the University and a member of the Nelson Mandela University Alumni Association. The Association is recognised by the University Council as a structure of the University. The Association supports and enhances the realisation of the University's vision and mission through maintaining and expanding positive relationships with its members.

The Role of the Alumni Association Office

The Alumni Association Office is a public relations and projects department responsible for the day-to-day management and running of the Alumni Association, the University Shop and all matters related to alumni engagement. Primarily, we build relationships and maintain strong links with graduates, parents, friends and supporters of the University through events, networks, services, communications and community engagement.

The Role of Nelson Mandela University graduate

We encourage you to attend the alumni engagement events, be an active alumni ambassador, support your alma mater in a variety of ways including sharing news, expertise, skills, and contributions in cash and kind. We encourage a culture of giving back especially for student bursaries, which can be accessed on our alumni website.

Mandela Alumni Connect – the online alumni networking platform

Join the Mandela Alumni Connect community - to stay in touch with fellow alumni, get informed about events, career guidance, mentorship initiatives and expand your network. Register on **https://alumni.connect.mandela.ac.za**/ Visit our website and follow or connect to our social media channels for more information regarding our alumni digital networking platform. We welcome your visit to the Alumni Relations Centre on North Campus in Port Elizabeth.

More info: T +27 41 504 3935 E alumni@mandela.ac.za Join us: O Nelson Mandela University Alumni O Nelson Mandela University Alumni www.alumni.mandela.ac.za O @MandelaUni

University Shop

Visit the University Shop situated at the Sanlam Student Village on University Way, Summerstrand, for all Nelson Mandela University branded clothing, corporate gifts, bags and memorabilia!

Alternatively, Shop online for all your favourite branded items **https://onlineshop.mandela.ac.za/** Collection and delivery options available online.

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https://alumni.connect.mandela.ac.za/



NATIONAL ANTHEM

Nkosi Sikelel'i-Afrika, Maluphakanyisw'uphondo lwayo, Yizwa imithandazo yethu, Nkosi Sikelela, thina lusapho lwayo.

Morena boloka setjhaba sa heso, O fedise dintwa le matshwenyeho. O se boloke, O se boloke setjhaba sa heso, Setjhaba sa South Africa.

South Africa.

Uit die blou van onse hemel, Uit die diepte van ons see. Oor ons ewige gebergtes Waar die kranse antwoord gee.

Sounds the call to come together, And united we shall stand. Let us live and strive for freedom, In South Africa our land.

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